



# ELI WHITNEY TECHNICAL HIGH SCHOOL

Good Afternoon Whitney Family,

On Monday, January 19th, we pause to honor the life and legacy of Dr. Martin Luther King Jr., a visionary leader whose words and actions continue to inspire us today. Dr. King's dream of a world where people are judged by the content of their character reminds us of the values we strive to embody every day in our school community.

Dr. King once said, "The function of education is to teach one to think intensively and to think critically. Intelligence plus character, that is the goal of true education." These words resonate deeply with our mission as educators and as a school family.

In Our School Community Everyday, our students demonstrate what it means to live Dr. King's values:

- When they welcome a new classmate and help them feel included
- When they stand up for a friend who is being treated unfairly
- When they use their voices to solve problems peacefully
- When they celebrate the unique backgrounds, cultures, and perspectives each person brings to our school
- When they show kindness to someone who is different from them

Together, we are building a community rooted in kindness, respect, belonging and understanding.



## **ELI WHITNEY'S VISION STATEMENT**

**WE ASPIRE TO GRADUATE THE MOST PREPARED SKILLED LABOR WORKFORCE IN CONNECTICUT.**

## **ELI WHITNEY'S MISSION STATEMENT**

**OUR MISSION IS TO PROVIDE OUR STUDENTS WITH THE ACADEMIC AND TECHNICAL SKILLS NEEDED TO BECOME PROFESSIONALS WHO MEET THE 21ST CENTURY DEMANDS OF OUR COMMUNITIES IN AN ENVIRONMENT THAT IS SAFE AND CULTURALLY RESPONSIVE.**

🔧 Grade 9s Gear Up for the Trades! ⚙️🛠️

Our Grade 9 students have now settled into their final trade shops, marking an exciting step in their hands-on learning journey. This week, there was a strong emphasis on shop safety, with students learning proper procedures, tool handling, and the importance of maintaining a safe work environment. With safety as the foundation, students are developing practical skills, problem-solving abilities, and a strong work ethic as they begin building a pathway toward future careers in the skilled trades.





# Menu

Lunch

JANUARY 2026

Connecticut Technical Education & Career System

DID YOU KNOW? A balanced healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Nardone's Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Marinated Broccoli  
Fruit Choices Milk Choice

6

Beef & Cheese Nachos  
Spanish Rice  
Fiesta Red Beans  
Pico de Gallo  
Fruit Choices Milk Choice

7

Chicken Parm on Roll  
Potato Salad  
Confetti Corn Salad  
Fruit Choices  
Milk Choice

8

Buffalo Chicken Rice Bowl  
Popcorn Smackers, Rice,  
Steamed Broccoli Florets  
Honey Glazed Carrots  
Fruit Choices Milk Choice

9

Hamburger/Cheeseburger  
On Bun  
Coleslaw  
Seasoned Potato Wedges  
Fruit Choices Milk Choice

12

Stuffed Crust Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Steamed Green Beans  
Fruit Choices Milk Choice

13

Beef & Bean Chili  
Garlic Knot Roll  
Honey Glazed Carrots  
Fruit Choices  
Milk Choice

14

French Toast Sticks  
Turkey Sausage Links  
Home Fried Potatoes  
Fresh Baby Carrots  
Fruit Choices Milk Choice

15

Baked Potato Bar  
Chili, Cheese, Broccoli  
Warm Dinner Roll  
Steamed Rice  
Fruit Choices Milk Choice

16

Breaded Mozzarella Sticks  
w/ Marinara Sauce  
Warm Dinner Roll  
Lemon-Roasted Carrots  
Sautéed Zucchini & Tomatoes  
Fruit Choices Milk Choice

19

MLK Day  
No School!

20

Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Fresh Baby Carrots  
Fruit Choices Milk Choice

21

Pulled Pork Carnitas  
Cilantro-Lime Rice  
Cuban Black Beans  
Mexican Street Corn  
Fruit Choices Milk Choice

22

Breaded Drumstick  
Mashed Potatoes  
Kernel Corn  
Honey Biscuit  
Fruit Choices Milk Choice

23

Breaded Chicken Filet  
On Bun  
Smiley Fries  
Roasted Butternut Squash  
Fruit Choices Milk Choice

26

Mozzarella Bites  
w/ Marinara Sauce  
Buffalo Cauliflower  
Kale and Apple Salad  
Fruit Choices Milk Choice

27

Pasta w/ Meatballs  
Steamed Broccoli Florets  
Mixed Garden Salad  
Fruit Choices  
Milk Choice

28

Grilled Cheese  
Tomato Soup  
Smiley Fries  
Fruit Choices  
Milk Choice

29

Sloppy Joe on Roll  
Cucumber/Tomato Salad  
Tater Tots  
Fruit Choices  
Milk Choice

30

Breaded Chicken Strips  
Garlic Knot Roll  
Fresh Baby Carrots  
Chickpea Salad  
Fruit Choices Milk Choice



# GET YOUR ELI WHITNEY SPIRIT GEAR HERE

**ELI WHITNEY OWLS**

Mens Womens Kids Hats Accessories New & Trending Shop by Design

FLASH SALE: Save 20% No Min. | Ends 9/18 | Code RUSH20

Please note some items may not be approved per your organization's dress code policy.  
Please refer to your organization's policy for current dress code guidelines.

**CUSTOMIZE IT**

CHOOSE ANY PRODUCT

CHOOSE A NEW DESIGN

Every item is customizable, with hundreds of products and designs available.  
All printed to order in the USA.

**SHOP BY DESIGN**

SHOP OUR BSN SCHOOL SITE  
[HTTPS://SIDELINE.BSNSPORTS.COM/SCHOOLS/CONNECTICUT/HAMDEN/ELI-  
WHITNEY-TECHNICAL-HIGH-SCHOOL](https://sideline.bsnsports.com/schools/connecticut/hamden/eli-whitney-technical-high-school)

NOTE: THERE ARE ITEMS ON HERE THAT DO NOT ALLIGN WITH OUR UNIFORM  
POLICY AND WILL NOT BE ALLOWED TO BE WORN AS OUR UNIFORM (SUCH AS  
CROP TOPS AND HOODIES).



## Eli Whitney's Winter Reading Challenge

# Chill Out & Read



Ready to chill out this winter with a good book?

**Join our Chill Out & Read Winter Reading Challenge from Dec 1- Feb 1.**

- **Read Anything:** Graphic novels, audiobooks, manga, nonfiction- **anything goes!**
- **Fun and Easy:** Fill out a short form about what you read.
- **Win Cozy Prizes:** Hot cocoa kits, gift cards, and more!

**Every book you log = Another chance to win**

**Step 1:** Grab a book from the library, online, or at home

**Step 2:** Enjoy reading & Complete the Google Form

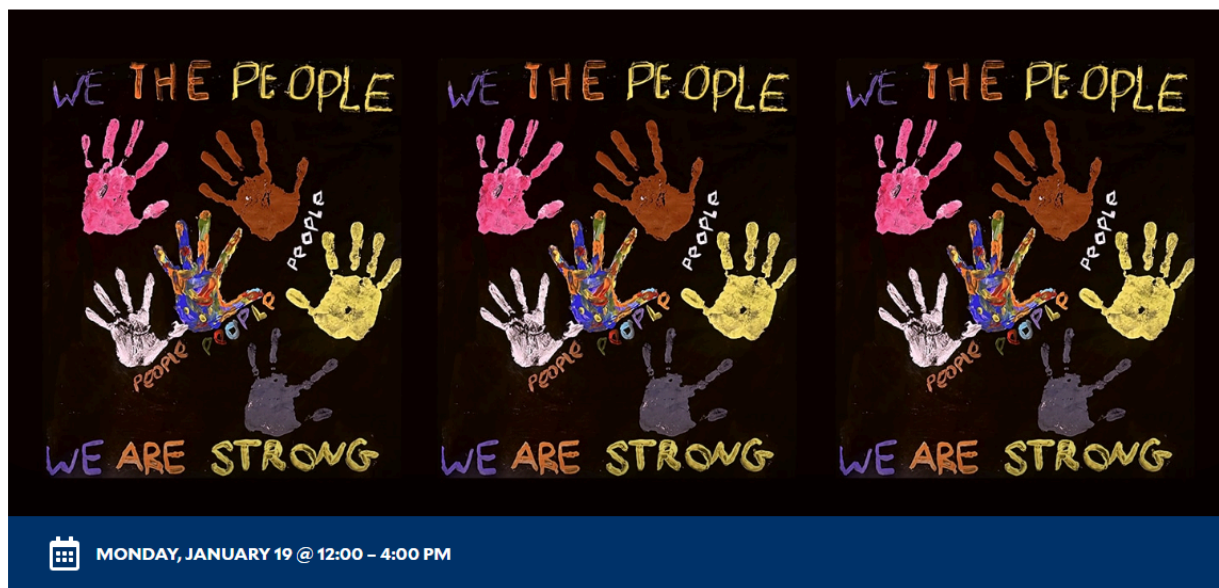
**Step 3:** Earn a chance at winning awesome winter prizes!



**Get Cozy, Get Reading. Chill Out & Read!**

# MARTIN LUTHER KING JR. DAY OF SERVICE AND CELEBRATION

Rooted in Service and Rising in Community



📍 Yale Peabody Museum , 170 Whitney Ave, New Haven, CT

FESTIVAL / FAMILY DAY

OPEN TO PUBLIC





# APRIL 27, 2026



## INCLUSIVE SCHOOL SAFETY PRACTICES FOR STUDENTS WITH DISABILITIES

### **PARENT EVENT**



**Parents - Enjoy Dinner with an Expert Panel**

**Date : April 27, 2026, from 4:30pm to 7:30pm**



**Location:** Southern Connecticut State University (SCSU)  
New Haven, CT 06515



Developer of the  
Comprehensive School Threat  
Assessment Guidelines.



**Michele Gay**  
Co-Founder & Executive Director  
of Safe and Sound Schools



**Dr. Stephanie Leite**  
Consultant on  
Threat and Disability



**Melissa Marshall, J.D.**  
Director of Policy & Programs,  
The Partnership for Inclusive  
Disaster Strategies

**Dr. Dewey Cornell**  
Professor of Education,  
University of Virginia

# SUMMER NURSING SYMPOSIUM

## SUMMER 2026 DATES:

JULY 6-10, MONDAY - FRIDAY

**FOR RISING SOPHOMORES AND JUNIORS  
INTERESTED IN NURSING!**

Topics

- Breaking down barriers to college
- Introduction to the nursing role
- Hands-on activities
- RN shadow experience
- CPR training
- ...and more!



**SCAN QR CODE  
TO LEARN MORE  
AND APPLY**



 [nursingsymposium@southernct.edu](mailto:nursingsymposium@southernct.edu)



@scsunursing



SOUTHERN CONNECTICUT  
**COLLEGE  
& CAREER**  
— FAIR —



**WEDNESDAY, APRIL 22, 2026 | 4:30PM TO 7:30PM**  
**LOCATION: HARTFORD HEALTHCARE AMPHITHEATER**  
**500 BROAD ST, BRIDGEPORT, CT 06604**

**ATTENTION HIGH SCHOOL STUDENTS!**

**FREE**  
Admission!

Meet Admissions Counselors & Representatives  
from over 195 Colleges, Universities, and Businesses  
from across the country and abroad!

Attend the Southern Connecticut College & Career Fair 4/22/26.

Scan the QR code  
for more info





CENTRAL  
CONNECTICUT  
STATE  
UNIVERSITY



# APPLY TO CENTRAL FOR FREE

**January 6<sup>th</sup> - January 17<sup>th</sup>**

Submit your application and the \$50 application fee will be waived



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[ccsu.edu/apply](https://ccsu.edu/apply)