



ELI WHITNEY TECHNICAL HIGH SCHOOL

Good Afternoon Whitney Family,

On Monday, January 19th, we pause to honor the life and legacy of Dr. Martin Luther King Jr., a visionary leader whose words and actions continue to inspire us today. Dr. King's dream of a world where people are judged by the content of their character reminds us of the values we strive to embody every day in our school community.

Dr. King once said, "The function of education is to teach one to think intensively and to think critically. Intelligence plus character, that is the goal of true education." These words resonate deeply with our mission as educators and as a school family.

In Our School Community Everyday, our students demonstrate what it means to live Dr. King's values:

- When they welcome a new classmate and help them feel included
- When they stand up for a friend who is being treated unfairly
- When they use their voices to solve problems peacefully
- When they celebrate the unique backgrounds, cultures, and perspectives each person brings to our school
- When they show kindness to someone who is different from them

Together, we are building a community rooted in kindness, respect, belonging and understanding.



ELI WHITNEY'S VISION STATEMENT

WE ASPIRE TO GRADUATE THE MOST PREPARED SKILLED LABOR WORKFORCE IN CONNECTICUT.

ELI WHITNEY'S MISSION STATEMENT

OUR MISSION IS TO PROVIDE OUR STUDENTS WITH THE ACADEMIC AND TECHNICAL SKILLS NEEDED TO BECOME PROFESSIONALS WHO MEET THE 21ST CENTURY DEMANDS OF OUR COMMUNITIES IN AN ENVIRONMENT THAT IS SAFE AND CULTURALLY RESPONSIVE.

🛠️ Grade 9s Gear Up for the Trades! 🚧📝

Our Grade 9 students have now settled into their final trade shops, marking an exciting step in their hands-on learning journey. This week, there was a strong emphasis on shop safety, with students learning proper procedures, tool handling, and the importance of maintaining a safe work environment. With safety as the foundation, students are developing practical skills, problem-solving abilities, and a strong work ethic as they begin building a pathway toward future careers in the skilled trades.



Menu

Lunch

JANUARY 2026
Connecticut Technical Education & Career System

DID YOU KNOW? A balanced healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Nardone's Cheese Pizza w/ Assorted Toppings Mixed Garden Salad Marinated Broccoli Fruit Choices Milk Choice	6 Beef & Cheese Nachos Spanish Rice Fiesta Red Beans Pico de Gallo Fruit Choices Milk Choice	7 Chicken Parm on Roll Potato Salad Confetti Corn Salad Fruit Choices Milk Choice	1 Holiday Break Dec. 24 – Jan. 2 No School!	2 Hamburger/Cheeseburger On Bun Coleslaw Seasoned Potato Wedges Fruit Choices Milk Choice
12 Stuffed Crust Pizza w/ Assorted Toppings Mixed Garden Salad Steamed Green Beans Fruit Choices Milk Choice	13 Beef & Bean Chili Garlic Knot Roll Honey Glazed Carrots Fruit Choices Milk Choice	14 French Toast Sticks Turkey Sausage Links Home Fried Potatoes Fresh Baby Carrots Fruit Choices Milk Choice	15 Baked Potato Bar Chili, Cheese, Broccoli Warm Dinner Roll Steamed Rice Fruit Choices Milk Choice	16 Breaded Mozzarella Sticks w/ Marinara Sauce Warm Dinner Roll Lemon-Roasted Carrots Sautéed Zucchini & Tomatoes Fruit Choices Milk Choice
19 MLK Day No School!	20 Cheese Pizza w/ Assorted Toppings Mixed Garden Salad Fresh Baby Carrots Fruit Choices Milk Choice	21 Pulled Pork Carnitas Cilantro-Lime Rice Cuban Black Beans Mexican Street Corn Fruit Choices Milk Choice	22 Breaded Drumstick Mashed Potatoes Kernel Corn Honey Biscuit Fruit Choices Milk Choice	23 Breaded Chicken Fillet On Bun Smiley Fries Roasted Butternut Squash Fruit Choices Milk Choice
26 Mozzarella Bites w/ Marinara Sauce Buffalo Cauliflower Kale and Apple Salad Fruit Choices Milk Choice	27 Pasta w/ Meatballs Steamed Broccoli Florets Mixed Garden Salad Fruit Choices Milk Choice	28 Grilled Cheese Tomato Soup Smiley Fries Fruit Choices Milk Choice	29 Sloppy Joe on Roll Cucumber/Tomato Salad Tater Tots Fruit Choices Milk Choice	30 Breaded Chicken Strips Garlic Knot Roll Fresh Baby Carrots Chickpea Salad Fruit Choices Milk Choice

GET YOUR ELI WHITNEY SPIRIT GEAR HERE



ELI WHITNEY
OWLS



Mens

Womens

Kids

Hats

Accessories

New & Trending

Shop by Design

FLASH SALE: Save 20% No Min. | Ends 9/18 | Code RUSH20

Please note some items may not be approved per your organization's dress code policy.
Please refer to your organization's policy for current dress code guidelines.



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Every item is customizable, with hundreds of products and designs available.
All printed to order in the USA.

SHOP BY DESIGN

SHOP OUR BSN SCHOOL SITE

[HTTPS://SIDELINE.BSNSPORTS.COM/SCHOOLS/CONNECTICUT/HAMDEN/ELI-WHITNEY-TECHNICAL-HIGH-SCHOOL](https://sideline.bsnsports.com/schools/connecticut/hamden/eli-whitney-technical-high-school)

NOTE: THERE ARE ITEMS ON HERE THAT DO NOT ALIGN WITH OUR UNIFORM POLICY AND WILL NOT BE ALLOWED TO BE WORN AS OUR UNIFORM (SUCH AS CROP TOPS AND HOODIES).



Eli Whitney's Winter Reading Challenge

Chill Out & Read

Ready to chill out this winter with a good book?

Join our Chill Out & Read Winter Reading Challenge from Dec 1- Feb 1.

- **Read Anything:** Graphic novels, audiobooks, manga, nonfiction- **anything goes!**
- **Fun and Easy:** Fill out a short form about what you read.
- **Win Cozy Prizes:** Hot cocoa kits, gift cards, and more!

Every book you log = Another chance to win

Step 1: Grab a book from the library, online, or at home

Step 2: Enjoy reading & Complete the Google Form

Step 3: Earn a chance at winning awesome winter prizes!



Get Cozy, Get Reading. Chill Out & Read!

MARTIN LUTHER KING JR. DAY OF SERVICE AND CELEBRATION

Rooted in Service and Rising in Community



MONDAY, JANUARY 19 @ 12:00 – 4:00 PM

📍 Yale Peabody Museum, 170 Whitney Ave, New Haven, CT

FESTIVAL / FAMILY DAY

OPEN TO PUBLIC



APRIL 27, 2026



INCLUSIVE SCHOOL SAFETY PRACTICES FOR STUDENTS WITH DISABILITIES

PARENT EVENT



Parents - Enjoy Dinner with an Expert Panel

Date : April 27, 2026, from 4:30pm to 7:30pm



Location: Southern Connecticut State University (SCSU)
New Haven, CT 06515



Developer of the
Comprehensive School Threat
Assessment Guidelines.



Michele Gay
Co-Founder & Executive Director
of Safe and Sound Schools



Dr. Stephanie Leite
Consultant on
Threat and Disability



Melissa Marshall, J.D.
Director of Policy & Programs.
The Partnership for Inclusive
Disaster Strategies



SUMMER NURSING SYMPOSIUM

SUMMER 2026 DATES:

JULY 6-10, MONDAY - FRIDAY

FOR RISING SOPHOMORES AND JUNIORS
INTERESTED IN NURSING!

Topics

- Breaking down barriers to college
- Introduction to the nursing role
- Hands-on activities
- RN shadow experience
- CPR training
- ...and more!



Yale
New Haven
Health
Yale New Haven
Hospital



nursingsymposium@southernct.edu



SCAN QR CODE
TO LEARN MORE
AND APPLY

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SOUTHERN CONNECTICUT

COLLEGE & CAREER FAIR



WEDNESDAY, APRIL 22, 2026 | 4:30PM TO 7:30PM
LOCATION: HARTFORD HEALTHCARE AMPHITHEATER
500 BROAD ST, BRIDGEPORT, CT 06604

ATTENTION HIGH SCHOOL STUDENTS!



Meet Admissions Counselors & Representatives
from over 195 Colleges, Universities, and Businesses
from across the country and abroad!

Attend the Southern Connecticut College & Career Fair 4/22/26.

Scan the QR code
for more info





**CENTRAL
CONNECTICUT
STATE
UNIVERSITY**



APPLY TO CENTRAL FOR FREE

January 6th - January 17th

Submit your application and the \$50 application fee will be waived



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