



# ELI WHITNEY TECHNICAL HIGH SCHOOL

Good Afternoon Whitney Families,

As the school year takes flight and students begin to feel more at home in our nest, we're seeing many of them spread their wings, which is wonderful! That said, we must also remind our young scholars of the expectations that keep our school community soaring smoothly.

We kindly ask for your support in addressing the following important reminders with your child:



- ◆ No Unauthorized Food Sales

We've recently seen an increase in students attempting to sell snacks, candy, and baked goods to their peers during the school day. While entrepreneurial spirit is admirable, selling any items on school grounds without school approval is strictly prohibited, as outlined in our student handbook. This policy helps us maintain safety, fairness, and focus during the school day.

- ◆ No Food Deliveries Accepted

Please remind your student that outside food deliveries, from restaurants, delivery services are not permitted during school hours.

- ◆ Dress Code Compliance

We've noticed a rise in students wearing non-compliant outerwear, especially hoodies, inside the building. As a reminder, students must follow our dress code as outlined in the handbook to ensure consistency and minimize distractions.

- ◆ Punctuality & Presence

We also ask for your help in encouraging students to arrive to class on time and remain in their assigned areas throughout the day. Being present and punctual plays a crucial role in both academic success and student safety.





# ELI WHITNEY TECHNICAL HIGH SCHOOL

## "Hoots & Highlights from the Nest":

### Whooo's New at Our Nest?

We're excited to welcome a wise new addition to our teaching team! Please give a warm hoot to Mr. Quezada, our new Social Studies teacher, who officially joined us today! He'll be guiding some of our Grade 9 and 10 students through the fascinating world of history, geography, and more. Outside the classroom, Mr. Quezada enjoys spreading his wings through travel and has a deep love for music, a true explorer at heart! Let's make sure he feels right at home in our learning forest. Welcome to the nest, Mr. Quezada!





# ELI WHITNEY TECHNICAL HIGH SCHOOL

## "Hoots & Highlights from the Nest":

### Owls Lead in Innovation

Our Grade 12 PMT students had a hoot-worthy experience this week as they attended the Made in Connecticut 2025 Manufacturing Summit. This statewide event dedicated to innovation, industry partnerships, and workforce development in advanced manufacturing. This summit gave our Whitney seniors the opportunity to engage directly with industry leaders, technology experts, and local manufacturers. Students explored cutting-edge equipment, learned about current trends in Connecticut's manufacturing sector, and discovered exciting career pathways awaiting them after graduation.



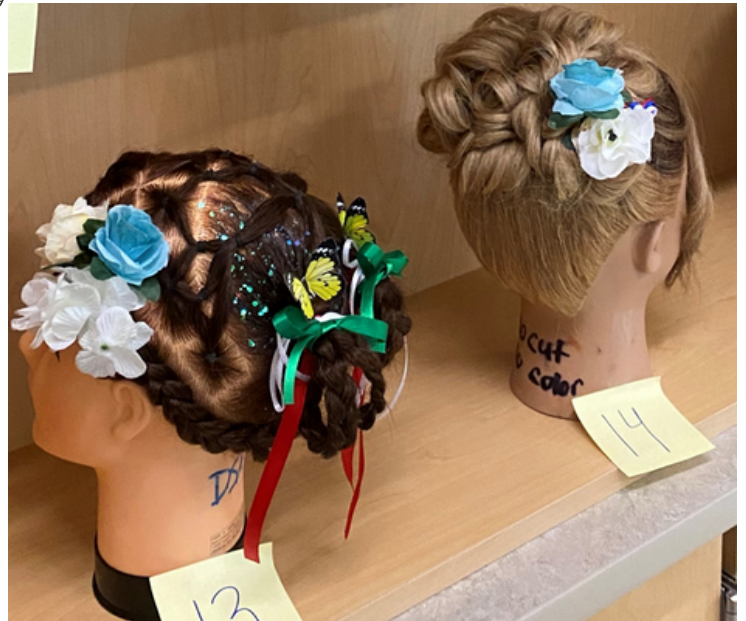
### Upcoming Events & Reminders:

- Oct 13<sup>th</sup>: School closed
- Oct 15<sup>th</sup>: PSATs for Grade 11
- Oct 22<sup>nd</sup> : Teacher Full Day PD (No school for students)
- School Wide Multicultural Celebration October 29<sup>th</sup>. Email Ms. Willis at [Natalie.Willis@cttech.org](mailto:Natalie.Willis@cttech.org) to get involved.

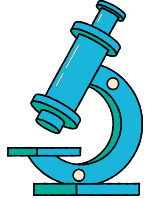
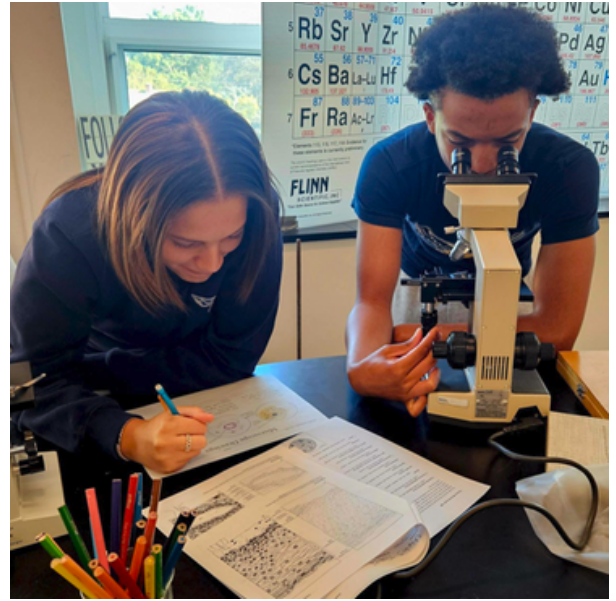
### **ELI WHITNEY'S VISION STATEMENT**

**WE ASPIRE TO GRADUATE THE MOST PREPARED SKILLED LABOR WORKFORCE IN CONNECTICUT.**

# THIS WEEK IN SHOPS

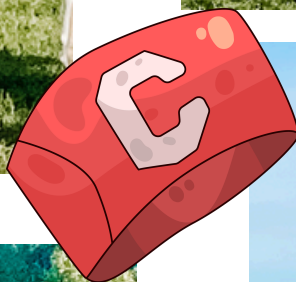


# THIS WEEK IN ACADEMICS

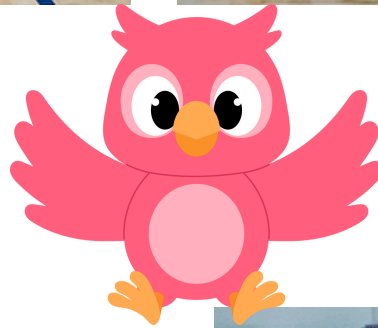




# THIS WEEK IN SOCCER



# THIS WEEK IN VOLLEYBALL





**CT STATE**  
COMMUNITY COLLEGE

# Attend an **OPEN HOUSE**

**CT State  
Gateway  
November 5  
4-7PM**

**20 Church Street  
New Haven, CT  
Enter on Church Street**

**Contact Bernie Shea for more  
information,  
bernieshea@ctstate.edu or  
203-285-2141**

**If you're interested in enrolling as a  
CT State Community College student,  
attending an open house is a great way  
to learn about our:**



**Academic  
Programs**



**Vibrant  
Campus Life**



**Financial Aid  
and Free Tuition**



**To see a list of all upcoming  
open houses, scan the QR code or  
visit [ctstate.edu/open-house](http://ctstate.edu/open-house)**

**CT STATE**  
COMMUNITY COLLEGE

CT State Community College does not discriminate on the basis of age, ancestry, color, national origin, gender identity or expression, genetic information, learning disability, marital status, intellectual disability, physical disability (including but not limited to blindness), present or past history of mental disability, prior criminal record, race, religious creed, sex (including pregnancy and sexual harassment), sexual orientation, retaliation for previously opposed discrimination or coercion, veteran status, victims of domestic violence, sexual assault and/or trafficking or any other federal or state protected class in its employment, programs, and activities, unless the provisions of Section 46a-80(b) or 46a-81(b) of the Connecticut General Statutes are controlling or there are bona fide occupational qualifications excluding persons in one of the above protected groups.

For information regarding the nondiscrimination, disability, and Title IX policies/procedures, contact: John-Paul Chaisson-Cardenas, Vice President for Diversity, Equity, and Inclusion, CT State Community College, 185 Main Street, New Britain, CT 06051, 860-612-7056 or [johnpaul.chaissoncardenas@ctstate.edu](mailto:johnpaul.chaissoncardenas@ctstate.edu).

October

Flu season is here! Protect your student. Enroll them in [School-Based Health Care medical services](#) to get their annual flu shot in school today!

Already an SBHC patient? Schedule your annual flu shot at your school's SBHC clinic online today at: [chc1.co/sbhc-flu](http://chc1.co/sbhc-flu) or call 475-231-6978!



It's That Time of Year Again!  
Schedule Your Student's Flu Vaccine Today!

Community Health Center, Inc.  
**SBHC**  
School-Based Health Care

**sbhc1.com**

The advertisement features a young girl with dark hair and glasses, wearing a black and white striped shirt. She is pointing to a pink bandage on her upper arm. The background is split into a green left side and a blue right side. The text is in white and yellow. The logo for SBHC (School-Based Health Care) is prominently displayed, featuring a stylized school building and the letters 'SBHC' in large, bold, yellow letters with a red outline. Below the logo, it says 'School-Based Health Care'. The website 'sbhc1.com' is written in large white letters on a red background at the bottom.



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The advertisement features a young woman with dark hair in a bun, wearing a white t-shirt. She is pointing to a white bandage on her upper arm. The background is split into a green left side and a blue right side. The text is in white and yellow. The logo for SBHC (School-Based Health Care) is prominently displayed, featuring a stylized school building and the letters 'SBHC' in large, bold, yellow letters with a red outline. Below the logo, it says 'School-Based Health Care'. The website 'sbhc1.com' is written in large white letters on a red background at the bottom.

## Octubre

Nadie tiene tiempo para la gripe. ¡Ayude a mantener a su estudiante saludable y haga cita para su vacuna anual contra la gripe en su centro de School-Based Health Care hoy!

¿No es un paciente? ¡La inscripción es fácil! Llene la aplicación en línea en [sbhc1.com](http://sbhc1.com)



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School-Based Health Care

**[sbhc1.com](http://sbhc1.com)**



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**SBHC**  
School-Based Health Care

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# GET YOUR ELI WHITNEY SPIRIT GEAR HERE



ELI WHITNEY  
OWLS



Mens

Womens

Kids

Hats

Accessories

New & Trending

Shop by Design

FLASH SALE: Save 20% No Min. | Ends 9/18 | Code RUSH20

Please note some items may not be approved per your organization's dress code policy.  
Please refer to your organization's policy for current dress code guidelines.



## CUSTOMIZE IT

CHOOSE ANY PRODUCT



CHOOSE A NEW DESIGN



Every item is customizable, with hundreds of products and designs available.  
All printed to order in the USA.

SHOP BY DESIGN

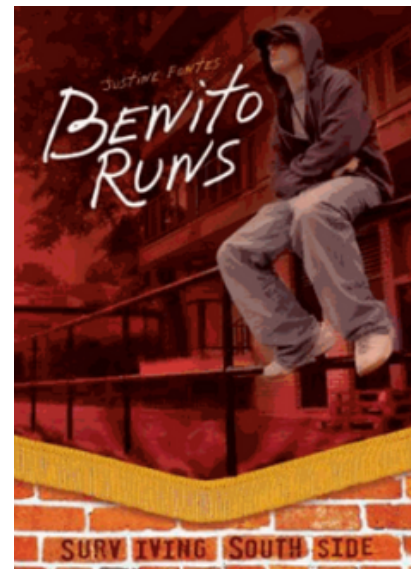
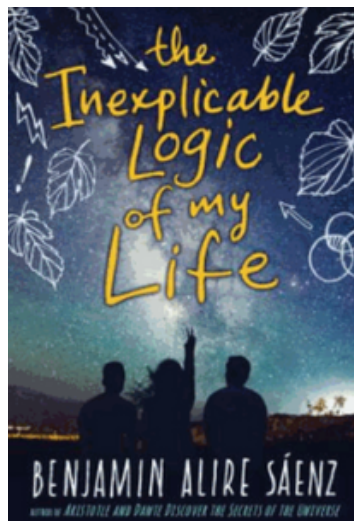
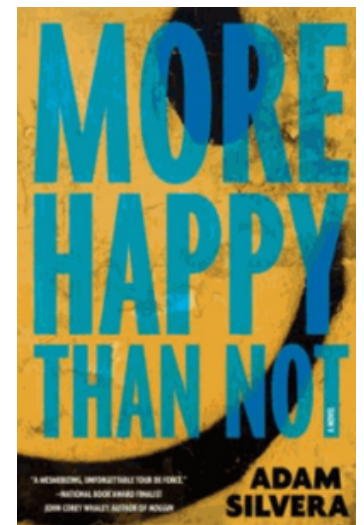
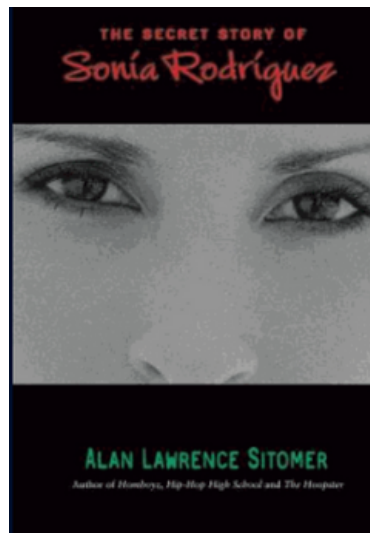
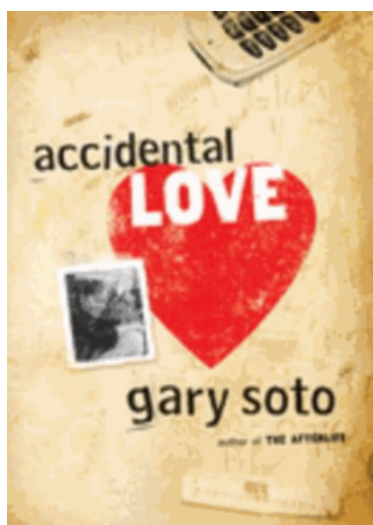
SHOP OUR BSN SCHOOL SITE

[HTTPS://SIDELINE.BSNSPORTS.COM/SCHOOLS/CONNECTICUT/HAMDENE/ELI-  
WHITNEY-TECHNICAL-HIGH-SCHOOL](https://sideline.bsnsports.com/schools/connecticut/hamdene/eli-whitney-technical-high-school)

NOTE: THERE ARE ITEMS ON HERE THAT DO NOT ALLIGN WITH OUR UNIFORM  
POLICY AND WILL NOT BE ALLOWED TO BE WORN AS OUR UNIFORM (SUCH AS  
CROP TOPS AND HOODIES).



VISIT MS. HAGAGEN IN OUR ELI WHITNEY LIBRARY TO CHECK OUT OUR SPECIAL BOOK COLLECTION FOR HISPANIC HERITAGE MONTH! THESE STORIES CELEBRATE HISPANIC AND LATINO VOICES, CULTURE, AND HISTORY



## Connecticut Technical Education and Career System

# Vision of a Graduate

*A CTECS Graduate is...*

### A Problem Solver

- Collaborative
- Practices creative, outside of the box thinking
- Can persevere and adapt
- Able to determine the root cause of issues
- Identifies multiple solutions and selects the most sensible approach
- Always follows through



### An Effective Communicator

- Clearly and concisely conveys information for shared understanding
- Able to use multiple modes of communication
- Command of the language; written and verbal
- Actively listens



### Respectful

- Embraces cultural diversity
- Practices kindness and consideration
- Understands and respects organizational structures
- Demonstrates professionalism
- Communicates with care and professionalism



### Skilled Socially

- Uses effective verbal and non-verbal communication skills
- Ability to work as part of a team
- Interacts with diverse audiences in a manner appropriate for the setting
- Empathizes with and values others



### A Critical Thinker

- Applies unbiased analysis and evaluation
- Evaluates sources of information for reliability
- Innovates
- Willing to adapt to new information and question things
- Makes rational decisions based on application of evidence and observation



### Work Ready

- Motivated to continue learning
- Possess the knowledge and skills for industry area
- Models employability skills; i.e. punctual, dressed appropriately, dependable, good attitude and time management
- Strong work ethic



## WHAT is SKILLSUSA?

SkillsUSA is the path to connect with valuable professional opportunities that will enable you to become career ready! SkillsUSA is a national partnership of students, teachers and industry working together. This partnership allows you to receive a direct connection with business and industry leaders and allows partners a connection to career-ready students!



## WHAT DO WE DO?



Community Engagement



Financial Management



Leadership Development



Partner and Alumni Engagement



Workplace Experiences



Advocacy and Marketing

SkillsUSA chapters complete activities focused around six categories called the SkillsUSA Program of Work.

## WHY JOIN SKILLSUSA?



- Join a community of like-minded peers from diverse backgrounds.
- Grow your Personal, Workplace and Technical Skills.
- Achieve a sense of accomplishment and belonging.
- Lead and participate in chapter activities.
- Explore various career paths and practice hands-on application of skills.

## WHAT CAN I GAIN?



- Test skills and earn recognition through SkillsUSA's local, state and national career competition programs.
- Gain access to exclusive scholarship opportunities.
- Life changing connections as you network with business and industry leaders and obtain work opportunities.
- Strengthen your resume through participation in professional development opportunities.

## WHY JOIN SKILLSUSA?

## WHAT CAN I GAIN?

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# LUNCH

Lunch

OCTOBER 2025  
Connecticut Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAK-FAST!

MONDAY



6

Nardone's Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Marinated Broccoli  
Fruit Choice Milk

13

Columbus Day  
No School!

20

Cheese pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Fresh Baby Carrots  
Fruit Choices Milk Choice

27

Breaded Chicken Strips  
Dinner Roll  
Buffalo Cauliflower  
Kale and Apple Salad  
Fruit Choices Milk Choice

TUESDAY



7

Beef & Cheese Nachos  
Spanish Rice  
Fiesta Red Beans  
Pico de Gallo  
Fruit Choices Milk Choice

14

Stuffed Crust Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Steamed Green Beans  
Fruit Choices Milk Choice

21

Chicken Fajitas  
Southwest Bean Salad  
Mexican Street Corn  
Fruit Choices  
Milk Choice

28

Beef Tacos  
Cuban Black Beans  
Pico de Gallo  
Fruit Choices  
Milk Choice

WEDNESDAY

1

Sausage, Egg, and Cheese  
On English Muffin  
Home Fried Potatoes  
Fresh Baby Carrots  
Fruit Choices Milk Choice

8

Chicken Parm on Roll  
Potato Salad  
Confetti Corn Salad  
Fruit Choices  
Milk Choice

15

Baked Mac & Cheese  
Garlic Bread Stick  
Sweet Green Peas  
Steamed Broccoli Florets  
Fruit Choices Milk Choice

22

Professional Development  
No School!

29

Sausage, Egg, and Cheese  
On English Muffin  
Home Fried Potatoes  
Fresh Baby Carrots  
Fruit Choices Milk Choice

THURSDAY

2

Meatball Grinder  
Steamed Broccoli Florets  
Cucumbers w/ Dill  
Fruit Choices  
Milk Choice

9

General Tso's Rice Bowl  
Popcorn Smackers, Rice,  
Steamed Broccoli Florets  
Honey Glazed Carrots  
Fruit Choices Milk Choice

16

BBQ Chicken Thighs  
Steamed Rice, Corn Bread  
Tuscan White Beans  
Smoky Cauliflower  
Fruit Choices Milk Choice

23

Baked Potato Bar  
Chili, Cheese, Broccoli  
Garlic Knot Roll  
Steamed Rice  
Fruit Choices Milk Choice

30

Meatball Grinder  
Steamed Broccoli Florets  
Cucumbers w/ Dill  
Fruit Choices  
Milk choice

FRIDAY

3

Mini Cheese Ravioli w/ Marinara  
Dinner Roll  
Cucumber/Tomato Salad  
Sauteed Summer Squash  
Fruit Choices Milk Choices

10

Hamburger/Cheeseburger  
On bun  
Coleslaw  
Seasoned Potato wedges  
Fruit Choices Milk Choice

17

Breaded Mozzarella Sticks  
w/ Marinara, dinner roll  
Lemon-Roasted Carrots  
Sauteed Zucchini & Tomatoes  
Fruit Choices Milk Choice

24

Breaded Chicken Filet  
On bun  
Smiley Fries  
Roasted Butternut Squash  
Fruit Choices Milk Choice

31

Mini Cheese Ravioli  
w/ Marinara, Dinner roll  
Cucumber/Tomato Salad  
Sauteed Summer Squash  
Fruit Choices Milk Choice



# October is National Dropout Prevention Month

Help Us Spread  
the Word

[www.DropoutPrevention.org](http://www.DropoutPrevention.org)



NATIONAL  
DROPOUT  
PREVENTION  
CENTER

A division of  
**SPN**

Successful  
Practices  
Network



# October is National Cyber Security Awareness Month



## NATIONAL CYBER SECURITY AWARENESS MONTH



**169**

million personal records exposed from financial, business, education, healthcare, & public sectors in 2015.<sup>1</sup>

### WEEK 1: SIMPLE STEPS FOR ONLINE SAFETY

Every digital user should know how to be safe and secure while using the Internet. Week 1 is dedicated to sharing information that will better prepare you for cyber threats.



**66%**

of small businesses rely on the Internet but only 23 % have an internet security policy<sup>2</sup>

### WEEK 2: CYBER FROM THE BREAK ROOM TO THE BOARD ROOM

Data breaches & cybercrime don't discriminate. Everyone in an organization is susceptible to becoming a victim. Week 2 is dedicated to educating employees in the workforce & promoting best practices.



**594**

million people are affected globally by cybercrime each year<sup>3</sup>

### WEEK 3: RECOGNIZING AND COMBATTING CYBERCRIME

Cybercrime is a growing concern that has the potential to affect everyone. Week 3 is dedicated to promoting awareness of the different types of cyber threats.



**24**

billion or more internet-connected devices will be installed globally by 2020<sup>4</sup>

### WEEK 4: OUR CONNECTED LIVES: WHAT'S YOUR "APP-TITUDE"?

Technology is advancing at such a rapid pace that individuals are always connected. Week 4 is dedicated to looking at the future of the connected world.



**295**

cyber incidents targeting critical infrastructure in 2015<sup>5</sup>

### WEEK 5: BUILDING RESILIENCE IN CRITICAL SYSTEMS

Cybersecurity plays a role in almost all aspects of our everyday lives by keeping crucial systems up & running. Week 5 is dedicated to highlighting ways we can keep our critical infrastructure secure.

<sup>1</sup> <http://enquadrablomings.com/index.php/cybersecurity-statistics/>

<sup>2</sup> 2015 National Cyber Security Alliance Survey: <http://www.securitymagazine.com/articles/25910-keys-to-employee-cybersecurity>

<sup>3</sup> 2016 Norton Cybersecurity Insights Report: [http://us.norton.com/norton-cybersecurity-insights-report-global?](http://us.norton.com/norton-cybersecurity-insights-report-global?ind=china_norton.com_cybersecurityinsights_p1_senglobalopt)

[ind=china\\_norton.com\\_cybersecurityinsights\\_p1\\_senglobalopt](http://us.norton.com/norton-cybersecurityinsights_p1_senglobalopt)

<sup>4</sup> 2016, <http://www.businessinsider.com/there-will-be-34-billion-iot-devices-installed-on-earth-by-2020-2016-5>

<sup>5</sup> 2015, Tripwire ICS-CERT Report: <http://www.tripwire.com/state-of-security/latest-security-news/insufficiently-architectured-networks-to-blame-for-uplink-via-critical-infrastructure-incidents-says-ics-cert/>

Icons courtesy of <http://www.flaticon.com/>

# October is National Fire Prevention Month



## Working Together for Home Fire Safety

A Factsheet on Home Fire Prevention

**M**ore than 4,000 Americans die each year in fires and 20,000 are injured. An overwhelming number of fires occur in the home. There are time-tested ways to prevent and survive a fire. It's not a question of luck. It's a matter of planning ahead.

### EVERY HOME SHOULD HAVE AT LEAST ONE WORKING SMOKE ALARM

Buy a smoke alarm at any hardware or discount store. It's inexpensive protection for you and your family. Install a smoke alarm on every level of your home. A working smoke alarm can double your chances of survival. Test it monthly, keep it free of dust and replace the battery at least once a year. Smoke alarms themselves should be replaced after ten years of service, or as recommended by the manufacturer.

### PREVENT ELECTRICAL FIRES

Never overload circuits or extension cords. Do not place cords and wires under rugs, over nails or in high traffic areas. Immediately shut off and unplug appliances that sputter, spark or emit an unusual smell. Have them professionally repaired or replaced.

### USE APPLIANCES WISELY

When using appliances follow the manufacturer's safety precautions. Overheating, unusual smells, shorts and sparks are all warning signs that appliances need to be shut off, then replaced or repaired. Unplug appliances when not in use. Use safety caps to cover all unused outlets, especially if there are small children in the home.



### ALTERNATE HEATERS

- Portable heaters need their space. Keep anything combustible at least three feet away.
- Keep fire in the fireplace. Use fire screens and have your chimney cleaned annually. The creosote buildup can ignite a chimney fire that could easily spread.
- Kerosene heaters should be used only where approved by authorities. Never use gasoline or camp-stove fuel. Refuel outside and only after the heater has cooled.

### AFFORDABLE HOME FIRE SAFETY SPRINKLERS

When home fire sprinklers are used with working smoke alarms, your chances of surviving a fire are greatly increased. Sprinklers are affordable--they can increase property value and lower insurance rates.

### PLAN YOUR ESCAPE

Practice an escape plan from every room in the house. Caution everyone to stay low to the floor when escaping from fire and never to open doors that are hot. Select a location where everyone can meet after escaping the house. Get out then call for help.

### CARING FOR CHILDREN

Children under five are naturally curious about fire. Many play with matches and lighters. Tragically, children set over 20,000 house fires every year. Take the mystery out of fire play by teaching your children that fire is a tool, not a toy.

### CARING FOR OLDER PEOPLE

Every year over 1,200 senior citizens die in fires. Many of these fire deaths could have been prevented. Seniors are especially vulnerable because many live alone and can't respond quickly.

#### For more information contact:

The U. S. Fire Administration  
16825 South Seton Avenue  
Emmitsburg, MD 21727

or

Visit the USFA Web site:  
[www.usfa.fema.gov](http://www.usfa.fema.gov)



**Homeland  
Security**

# Community Celebration for Hispanic Heritage

## **HISPANIC HERITAGE CELEBRATION**

Saturday, October 4, 2025

11:00 AM – 12:00 PM

Fair Haven Library

182 Grand Avenue, New Haven, CT, 06513, United  
States ([map](#))

Come celebrate Hispanic Heritage for a family-  
friendly concert featuring our Resident Pianist,  
Jacob Wang and Music Haven students!

Free & Open to the public!

# Community Celebration for Hispanic Heritage



**Fair Haven** Community Health Care

**COMMUNITY HEALTH FIESTA**

**Saturday, October 25th 2025**  
**374 Grand Ave, New Haven, CT**  
**1:00-4:00 PM**

Bring your family and celebrate Fall with us at our Health Fiesta!

There will be food and activities, self-guided tours of our new building AND you can get your flu vaccine on site!

It's the perfect mix of fun, music, and community —  
we can't wait to see you there!

Food Trucks

Kids Activities

Music provided by:

**BOMBA**  
**RADIO**



# Additional Community Resources

## Connecticut **Financial Scholars**

### ADULT FINANCIAL EMPOWERMENT WORKSHOPS Fall Session

Join us to learn about:

Budgeting	Investing
Credit	Insurance
Mortgages	College Affordability

**Tuesdays, Oct 21<sup>st</sup> thru Nov 25<sup>th</sup>  
6:30 PM to 7:30 PM**



**Scan to  
Register Today!**



The first 20 registrants who complete all 6 sessions  
will get a \$250 contribution to their child's 529 or  
qualifying education savings account.

*\*One-time offer; past recipients not eligible.*

# Additional Community Resources

9th-12th Grade

# TEEN NIGHT

EVERY FRIDAY  
STARTING SEPT. 5TH  
06:00PM-07:45PM

**Teen Lounge**  
**PS5 with NBA 2K & Madden**

A group of teenagers are sitting in a room, playing video games on a large screen. The screen shows a basketball game.

**GYM WITH FULL COURT**  
**BASKETBALL & VOLLEYBALL**

A group of teenagers are playing basketball in a gym. The gym has a full court and a basketball hoop.

**NAIL/LASH ART & HAIR STYLIST**

A young woman is applying nail polish to another young woman's nails. They are both smiling.

**BOYS & GIRLS CLUBS**  
**OF GREATER NEW HAVEN**  
New Haven    Ulbrich-North Haven    Ulbrich-Wallingford

**FREE FOOD, BASKETBALL, GLAM ROOM, PS5 so much more...**

A hand is holding a slice of pizza. The pizza has pepperoni toppings.

253 COLUMBUS AVE  
NEW HAVEN, CT  
06519

**ANY QUESTIONS**

203-491-1229 (ext.117)

**FREE WALK-INS WELCOME!**

FOOD AND DRINKS PROVIDED

# Additional Community Resources



**BOYS & GIRLS CLUBS**  
OF GREATER NEW HAVEN

New Haven      Ulbrich-North Haven      Ulbrich-Wallingford

253 COLUMBUS AVE  
NEW HAVEN, CT 06519

EVERY MONDAY  
STARTING OCT  
1<sup>ST</sup> 6PM-7:45PM

EXPLORE YOUR PASSIONS  
EVERY MONDAY AT CLUB  
NIGHT! FROM MUSIC TO  
COOKING, ART TO GAMING—  
DISCOVER WHAT YOU LOVE,  
CONNECT WITH FRIENDS,  
AND MAKE EVERY NIGHT  
UNFORGETTABLE.

BOYS & GIRLS CLUB

**CLUB  
NIGHT**


*Featuring:*

COOKING CLUB  
FASHION CLUB  
WEIGHT LIFTING CLUB  
GAMING CLUB  
CREATIVE MEDIA CLUB

ANY QUESTIONS  
(203)-491-1229 (EXT 117)


**FREE WALK INS  
WELCOME**

# Additional Community Resources



## THE CLUB

**FREE PROGRAMING EVERY WEEK STARTING OCT 6TH!!**

<b>MONDAYS</b> <b>CLUB NIGHT</b> <b>6PM-7:45pm</b>	<b>TUESDAYS</b> <b>MENTORSHIP DAY</b> <b>6PM-7:45PM</b>	<b>WEDNESDAYS</b> <b>KEYSTONE</b> <b>6PM-8PM</b>	<b>THURSDAYS</b> <b>NO TEEN</b> <b>PROGRAMING</b>	<b>FRIDAYS</b> <b>TEEN NIGHT</b> <b>6PM-7:45PM</b>
<p>Mondays are all about CHOICE and ENERGY! From art and cooking to gaming, fitness, and music, Club Day gives everyone a chance to show off skills, try something new, and bond with friends. Start your week with fun and creativity!</p>	<p>Level up your confidence, leadership, and life skills! SMART Girls and Passport to Manhood bring real talks, activities, and challenges led by mentors who get it. Tuesdays are about growth, empowerment, and building your best self.</p>	<p>Ready to LEAD? Keystone puts the power in YOUR hands. Plan events, fundraisers, and projects that make a difference. Build skills, give back, and run the show —Keystone is where leaders are made.</p>		<p>Friday = THE place to be. Open gym, tournaments, gaming room, glam room, music, and prizes keep the energy high all night. Hang with friends, show your skills, and end the week with nonstop fun!</p>

**RAFFLE DRAWN MONTHLY FOR MONDAY, TUESDAYS, AND FRIDAYS ATTENDANCE AND FOR BRINGING YOUR FRIENDS (EX: ONE RAFFLE TICKET FOR EVERYTIME YOU COME AND FOR EVERY FRIEND YOU BRING)**

UNSTOPPABLE STARTS HERE.

**AGES**  
13-18

# SMART GIRLS

FOR TEENS



253 COLUMBUS AVE NEW HAVEN, CT 06519

EVERY TUESDAY

6PM-7:45PM STARTING 10.07.25

**LEADERSHIP CIRCLE**

**CREATIVE SPACE**

**WEEKLY & MONTHLY PRIZES**

SMART GIRLS helps high school girls build confidence, leadership skills, and future-ready goals — empowering them to dream big, lead strong, and succeed in life.



BOYS & GIRLS CLUBS OF GREATER NEW HAVEN

New Haven    Ulbrich    Ulbrich

North Haven    Wallingford

ALL GIRLS WELCOME

A SAFE AND SUPPORTIVE ENVIRONMENT

RESPECT. RESPONSIBILITY. MANHOOD


**AGES**  
13-18

# PASSPORT TO MANHOOD

253 COLUMBUS AVE NEW HAVEN, CT 06519

EVERY TUESDAY

6PM-7:45PM STARTING 10.07.25




**LIFE SKILLS & SELF IDENTITY**

**MENTORSHIP & UNDERSTANDING MANHOOD**

**WEEKLY & MONTHLY PRIZES**

PASSPORT TO MANHOOD helps teen boys 13-18 build responsibility, leadership, and self-esteem through engaging sessions on values, health, academics, relationships, and future success.



BOYS & GIRLS CLUBS OF GREATER NEW HAVEN

New Haven    Ulbrich    Ulbrich

North Haven    Wallingford

ALL TEENS WELCOME

A SAFE AND SUPPORTIVE ENVIRONMENT

# Additional Community Resources

## ARE YOU IN NEED OF FOOD?

Go to our [Hamden.com](http://Hamden.com)  
website for a list  
of **FREE** resources.



@hamdenfood

[www.hamden.com/177/Food-Resources](http://www.hamden.com/177/Food-Resources)



# Additional Community Resources

## FALL HARVEST FARMERS STAND

AT THE KEEFE COMMUNITY CENTER

**FREE**

11AM - 1PM



THURSDAY

**OCT  
16TH**

**2025**

This is FREE and open to the public.  
Location on the blacktop in front of the community  
garden by the playground.

**11 Pine Street** HAMDEN, CT

For more information call AnneMarie  
203-562-5129 ext. 1113



# Additional Community Resources

**HAMDEN PRIDE FESTIVAL**

**FREE EVENT**

**Circus SPENDIFEROUS**

**WHEN**  
Sat. Oct 4<sup>th</sup> 2025  
12 to 4

**WHERE**  
Town Center Park  
2761 Dixwell Ave  
Hamden

Featuring a live performance by Sarah Dunn  
DJ Buddha LuvJonz  
Craft Vendors  
Community Organizations  
Food Trucks  
Kids' Inflatable & Activities  
Circus Performances and more!

Check us out on Instagram or FB or contact hamdenctpride@gmail.com

**THE PERFECT POOR**  
MOBILE BAR

**TOWN OF HAMDEN**  
Incorporated 1786  
"LAND OF THE BLOSSOM GARDEN"  
STATE OF CONNECTICUT

**Where the Love Is**  
Animal Rescue

**HAMDEN PRIDE**

**Rain or Shine**

**Hamden Pride Festival**



## Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent, families play a key role in making sure students get to school every day and understand why attendance is so important for success in school and on the job.

### DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

### WHAT YOU CAN DO

#### Make school attendance a priority

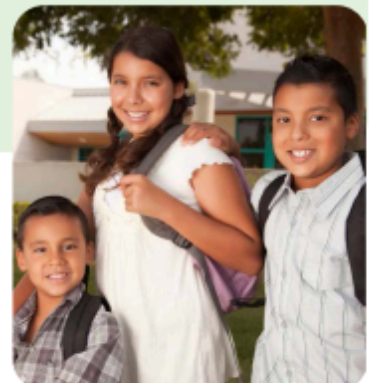
- Talk about the importance of showing up to school every day.
- Help your children maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-urgent related medical appointments during the school day.
- Keep your student healthy. If you are concerned about a contagious illness, call your school or health care provider.
- If your children must stay home because they are sick, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

#### Help your teen stay engaged

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your teens are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor your teen's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your child to join meaningful after-school activities, including sports and clubs.
- Support your students if you notice signs of anxiety, and if needed, seek advice from your school or health provider

#### Communicate with the school

- Know the school's attendance policy – incentives and penalties.
- Check on your child's attendance to be sure absences are not adding up.
- Seek help from school staff, other parents, or community agencies if you need support.



Revised April 2024

Visit Attendance Works at [www.attendanceworks.org](http://www.attendanceworks.org) for free downloadable resources and tools!



## Mantenga a su hijo o hija en camino en la escuela intermedia y secundaria: preste atención a la asistencia escolar

*Al mismo tiempo que los niños crecen y se vuelven más independientes, las familias desempeñan un papel clave para asegurarse de que los estudiantes vayan a la escuela todos los días y comprendan por qué la asistencia escolar es tan importante para el éxito en la escuela y en el trabajo. Las familias también pueden solicitar los recursos para ayudar a los estudiantes a aprender si no pueden ir a la escuela personalmente.*

### ¿USTED SABÍA?

- Los estudiantes no deben perder más de 9 días de clases cada año para mantenerse involucrados, exitosos y encaminados hacia la graduación.
- Las ausencias frecuentes pueden ser una señal de que un estudiante está perdiendo interés en la escuela, teniendo problemas con el trabajo escolar, lidiando con un acosador o enfrentando alguna otra dificultad.
- Para el sexto grado, el ausentismo es una de las tres señales de que un estudiante puede abandonar la escuela secundaria.
- Para el noveno grado, la asistencia escolar es un mejor indicador de las tasas de graduación que los puntajes de las pruebas de octavo grado.
- Faltar un 10%, o 2 días al mes durante el transcurso del año escolar, puede afectar el éxito académico de un estudiante.

## LO QUE PUEDE HACER

### Haga de la asistencia escolar una prioridad

- Hable sobre la importancia de presentarse a la escuela todos los días.
- Ayude a su hijo o hija a mantener las rutinas diarias, como terminar la tarea y dormir bien por la noche.
- Trate de no programar las citas dentales y médicas durante el día escolar.
- Mantenga saludable a su estudiante y, si le preocupa una enfermedad contagiosa, pida consejo a su escuela.
- Si su hijo o hija debe quedarse en casa porque está enfermo/a o en cuarentena, asegúrese de que haya pedido a los docentes los recursos didácticos y materiales para compensar el tiempo de aprendizaje perdido en el aula.

### Ayude a su adolescente a mantenerse involucrado/a

- Averigüe si su hijo o hija se siente involucrado/a con sus clases y si se siente protegido/a de acosadores y otras amenazas.
- Asegúrese de que su hijo o hija no falte a clases debido a desafíos con problemas de conducta o políticas de disciplina escolar. Si hay alguno de esos problemas, comuníquese con la escuela y trabaje con ellos para encontrar una solución.
- Supervise el progreso académico de su hijo o hija y busque ayuda de docentes o tutores cuando sea necesario. Asegúrese de que los docentes sepan cómo comunicarse con usted.
- Manténgase al tanto de los contactos sociales de su hijo o hija. La presión de los compañeros puede llevar a faltar a la escuela, mientras que los estudiantes sin muchos amigos pueden sentirse aislados.
- Anime a su hijo o hija a participar en actividades significativas después de la escuela, incluidos deportes y clubes.
- Apoye a sus alumnos si nota signos de ansiedad y, si es necesario, busque consejo de su escuela o proveedor de atención médica.



### Comuníquese con la escuela

- Conozca la política de asistencia escolar de la escuela: incentivos y sanciones.
- Verifique la asistencia escolar de su hijo o hija para asegurarse de que las ausencias no se sumen.
- Busque ayuda del personal de la escuela, otros padres o agencias de la comunidad si necesita apoyo.

Revisado en junio de 2024

Visite el sitio web Attendance Works en [www.attendanceworks.org](http://www.attendanceworks.org) para obtener recursos didácticos y



SCAN FOR A  
MAP OF THE  
RESOURCES  
LISTED IN THIS  
GUIDE OR VISIT:

[bit.ly/nhvfoodmap](http://bit.ly/nhvfoodmap)

# FOOD ASSISTANCE RESOURCE GUIDE

## OPEN TO ALL

### FOOD PANTRIES

No proof of income or  
residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.

**Believe in Me Empowerment**  
427 Dixwell Ave.  
203-772-2771  
Temporarily closed; Call to  
arrange emergency food bag

**Bethel AME Church**  
255 Goffe St.  
203-865-0514  
203-915-2947  
3rd Sat of month, 10am-12pm

**Breakthrough Church & Life  
Kingdom Ministries -  
Newhallville Substation**  
203-691-9296  
596 Winchester Ave.,  
4th Tue of month, 4pm-6pm;  
481 Shelton Ave.,  
2nd & 3rd Sat of month,  
12pm-2pm  
Closed during June

**Cathedral of Higher Praise**  
155 Grand Ave.  
203-776-7676  
2nd & 4th Sat of month,  
9am-10am

**Centro San Jose**  
290 Grand Ave.  
203-777-6771  
Fri, 9am-12pm

**Christian Community Action**  
168 Davenport Ave.  
203-777-7848  
Scheduled appointments  
recommended for M, T, W  
9:30am-3:45pm; Walk-ins  
welcome on Tues 2pm-3pm.

**Christian Love  
Center-West River**  
154 Derby Ave.  
203-927-6039  
2nd & 4th Thurs of month,  
4pm-6pm

**Community Baptist  
Church**  
143 Shelton Ave.  
203-562-7060  
1st Wed of month,  
10am-11am

**Door of Salvation Church**  
3 Arch St.  
203-691-5608  
3rd Tue of month,  
10am-11am

**Downtown Pantry**  
311 Temple St.  
203-624-6426  
Wed, 1:30pm-3pm

**Glorified Deliverance**  
604 Dixwell Ave.  
4th Sat of month,  
11am-1pm

**Iglesia Jehovah Rohi**  
577 Howard Ave.  
203-605-8060  
Sat, 11:30am-12:30pm;  
By appointment only.

**Immanuel Missionary  
Baptist Church**  
1324 Chapel St.  
203-777-8744  
4th Sat of month,  
8am-9:30am

**Jewish Family Services**  
1440 Whalley Ave.  
203-397-0796  
June 30 & July 1,  
9am-11:45am; By  
appointment only.

**Liberty Educational  
Service Center**  
44 Eastern St.  
203-691-9494  
203-606-1905  
2nd & 4th Sat, 1pm-3pm  
Only open to New Haven  
residents. Must call on  
Friday after 2pm to make  
appt.

**Loaves & Fishes**  
57 Olive St.  
203-562-2691  
Sat, 8am-10:30am

**Mount Hope Recovery  
Center**  
565 Dixwell Ave.  
203-785-0656  
Two Fridays a month from  
5:30pm-6:15pm. Call first for  
the schedule.

**New Flame Restoration**  
1375 State Street  
203-843-8831  
Thurs, 3:30pm-5 pm

**New Haven Church of Christ**  
16 Gem St.  
203-777-2992  
2nd & 3rd Sat of month,  
starting at 12pm

**New Haven Inner City  
Enrichment (NICE)  
Program- Hill Substation**  
410 Howard Ave.  
203-479-0056  
Last Sat of month, 11am-1pm

**Salvation Army - New Haven  
Corps**  
450 George St.  
203-624-9891  
M, W, F, 9am-12pm

**Second Star of Jacob**  
185 Chapel St.  
203-776-9603  
Last two Thurs of month,  
10am-12pm

**St. Matthew's Church**  
388 Dixwell Ave.  
203-777-0472  
Temporarily closed

**Upon This Rock Ministries -  
Dwight Substation**  
150 Edgewood Ave.  
203-387-1215  
1st & 3rd Sat of month,  
9am-12pm

**Varick AME Zion**  
242-246 Dixwell Ave.  
203-624-6245  
1st Sat of month, 9am-12pm  
Mon-Thurs, 10am-4pm

**Vertical Church - Fair  
Haven Substation**  
296 Blatchley Ave.  
Phone: N/A  
3rd Sat of month,  
9am-11am

**Walk of Faith Church**  
104 Fairmont Ave.  
203-469-5134  
Wed, 12:00pm-2:00pm

**Women of the Village -  
Dixwell Substation**  
26 Charles St.  
203-675-9437  
203-376-2790  
Tue, 1pm-2pm

## Connecticut Food Bank Mobile Pantry

Pantry times vary by location  
and include morning,  
afternoon, and evening times  
to accommodate as many  
schedules as possible. Check  
the schedule at:

[bit.ly/mobilepantries](http://bit.ly/mobilepantries)

For additional resources,  
please dial: 2-1-1

For the latest guide,  
please visit:

[bit.ly/getconnectednhv](http://bit.ly/getconnectednhv)