ELI WHITNEY TECHNICAL HIGH SCHOOL

Dear Whitney Families,

A Strong Start to the School Year!

We had a fantastic week here at Eli Whitney, and it has been truly wonderful to see our Grade 9 students settling in so well, making connections, and starting to feel at home in our school community. Their energy, enthusiasm, and curiosity have added a great spark to our building!

Morning Arrival & Security Line Update

One area we've been actively working on is the morning security line at the front of the building. We appreciate everyone's patience as we fine-tune the process. We've assessed the situation and implemented a few key changes. We're happy to report that, as of today, all students were through the line by 7:25 AM — a big step forward!

We also want to acknowledge a technical issue that occurred with our swipe machines earlier in the week, which affected attendance tracking. This issue has been identified and successfully resolved.

✨ **Highlights from the Week:**

✅ **Grade 9 Milestones:**
Our Grade 9 students completed their required safety testing and successfully finished their first trade rotation in the shops. It's been a great start to their hands-on learning experience!

🏫 **Superintendent Visit:**
We were honored to host our Superintendent for a full-day visit this week. His time with us included:

- Touring classrooms and shops
- Engaging with students on math calculations
- Enjoying lunch at the Owl Café
- Holding an open discussion with a group of students to get a deeper sense of the student experience here at Eli Whitney
- It was a meaningful and productive visit that reflected the great work happening across the building.

PRINCIPAL'S WEEKLY UPDATE

ELI WHITNEY TECHNICAL HIGH SCHOOL

📝 **Important Reminders for a Smooth School Year:**

✅ **PowerSchool Paperwork – Action Required**

If you have not yet completed the annual forms in PowerSchool, we kindly ask that you do so as soon as possible. These forms are essential for maintaining accurate emergency contact information and ensuring your child's safety. If you need assistance accessing PowerSchool, please contact Ms. Maria.

👕 **Uniform Expectations**

Thank you for supporting our commitment to a professional and respectful school environment.
Skirt & Short Length: All skirts and shorts must be school appropriate length.
Cooler Weather Guidelines: As fall approaches, students may wear a non-hooded zip-up, crewneck, or sweatshirt with the official Whitney logo.

- Official school apparel is available on the Darter website.
- Students may also purchase an iron-on Whitney logo for plain zip-ups or crewnecks.

📚 **Attendance Matters – Every Day Counts**

Consistent attendance is crucial to academic success. Students who miss school also miss valuable instruction and classroom engagement.

- Parents may excuse up to the first 9 absences.
- Excessive unexcused absences may result in credit denial for certain courses.
- Please ensure your child arrives on time daily. If you're facing any challenges related to attendance, don't hesitate to reach out, we're here to help.
- For any attendance concerns please email phyllis.smith@cttech.org

📅 **Upcoming Events & Reminders:**

- PFO Meeting: September 15 at 4:00 PM. For more information, please email Ms. Santell.
- Zuppardi's Pizza Fundraiser: All orders are due by September 15. Proceeds will help reduce class dues.
- Picture Day: September 19 – Students will take their school ID photos.

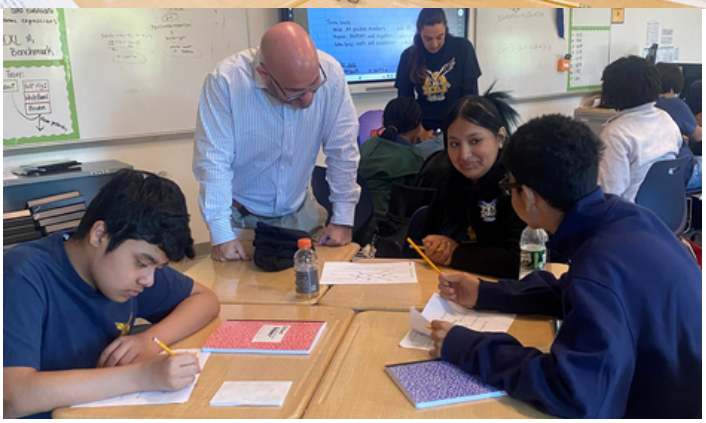
ELI WHITNEY'S VISION STATEMENT

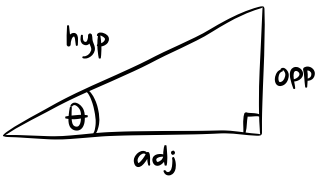
WE ASPIRE TO GRADUATE THE MOST PREPARED SKILLED LABOR WORKFORCE IN CONNECTICUT.

ELI WHITNEY'S MISSION STATEMENT

OUR MISSION IS TO PROVIDE OUR STUDENTS WITH THE ACADEMIC AND TECHNICAL SKILLS NEEDED TO BECOME PROFESSIONALS WHO MEET THE 21ST CENTURY DEMANDS OF OUR COMMUNITIES IN AN ENVIRONMENT THAT IS SAFE AND CULTURALLY RESPONSIVE.

SCHOOL SUPERINTENDENT VISIT





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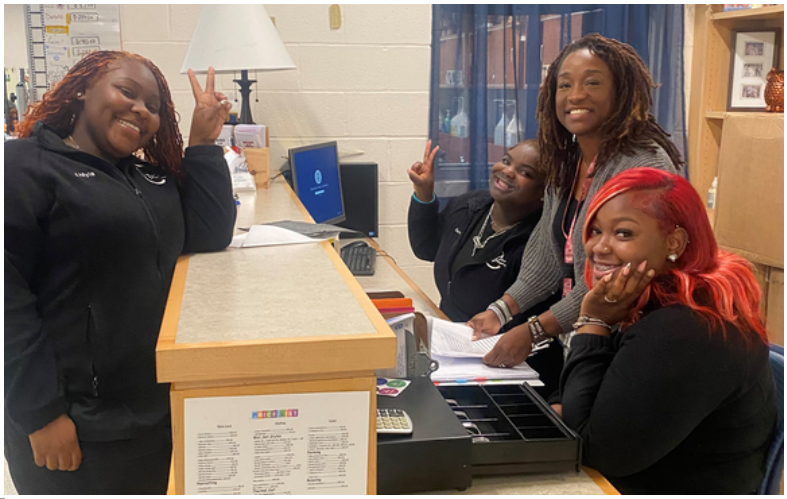


THIS WEEK IN THE SHOPS

THIS WEEK IN SPORTS

Connecticut Technical Education and Career System

Vision of a Graduate

A CTECS Graduate is...

A Problem Solver

- Collaborative
- Practices creative, outside of the box thinking
- Can persevere and adapt
- Able to determine the root cause of issues
- Identifies multiple solutions and selects the most sensible approach
- Always follows through

An Effective Communicator

- Clearly and concisely conveys information for shared understanding
- Able to use multiple modes of communication
- Command of the language; written and verbal
- Actively listens

CTECS
CONNECTICUT TECHNICAL EDUCATION AND CAREER SYSTEM

Respectful

- Embraces cultural diversity
- Practices kindness and consideration
- Understands and respects organizational structures
- Demonstrates professionalism
- Communicates with care and professionalism

Skilled Socially

- Uses effective verbal and non-verbal communication skills
- Ability to work as part of a team
- Interacts with diverse audiences in a manner appropriate for the setting
- Empathizes with and values others

A Critical Thinker

- Applies unbiased analysis and evaluation
- Evaluates sources of information for reliability
- Innovates
- Willing to adapt to new information and question things
- Makes rational decisions based on application of evidence and observation

Work Ready

- Motivated to continue learning
- Possess the knowledge and skills for industry area
- Models employability skills; i.e. punctual, dressed appropriately, dependable, good attitude and time management
- Strong work ethic

WHAT IS SKILLSUSA?

SkillsUSA is the path to connect with valuable professional opportunities that will enable you to become career ready! SkillsUSA is a national partnership of students, teachers and industry working together. This partnership allows you to receive a direct connection with business and industry leaders and allows partners a connection to career-ready students!

WHAT DO WE DO?

SkillsUSA chapters complete activities focused around six categories called the SkillsUSA Program of Work.

- Community Engagement
- Financial Management
- Leadership Development
- Partner and Alu Engagemen
- Workplace Experiences
- Advocacy and Marketing

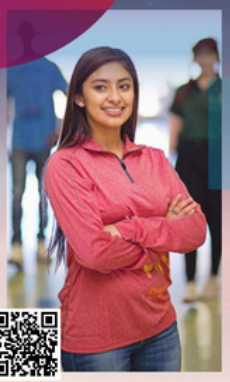
SkillsUSA®

WHY JOIN SKILLSUSA?

- Join a community of like-minded peers from diverse backgrounds.
- Grow your Personal, Workplace and Technical Skills.
- Achieve a sense of accomplishment and belonging.
- Lead and participate in chapter activities.
- Explore various career paths and practice hands-on application of skills.

NO LIMITS

WHAT CAN I GAIN?



- Test skills and earn recognition through SkillsUSA's local, state and national career competition programs.
- Gain access to exclusive scholarship opportunities.
- Life changing connections as you network with business and industry leaders and obtain work opportunities.
- Strengthen your resume through participation in professional development opportunities.

Learn more about SkillsUSA!

GO SEE _____

IN _____

Scan for more; learn about SkillsUSA membership and programs, call 844-875-4557 or visit www.skillsusa.org. Copyright © 2023 SkillsUSA Inc.

September Fall Sports Schedule

All Games - Whitney Tech

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Boys Soccer Varsity 3:30 PM Vinal Tech. @Whitney Tech	6
7	8 Girls Volleyball Junior Varsity 3:30 PM Prince Tech. @Whitney Tech Girls Volleyball Varsity 5:00 PM Prince Tech. @Whitney Tech	9 Boys Soccer Varsity 3:30 PM Whitney Tech. @Platt Tech	10 Girls Volleyball Junior Varsity 4:00 PM Whitney Tech. @Bassick Girls Volleyball Varsity 5:30 PM Whitney Tech. @Bassick	11 Boys Soccer Varsity 3:30 PM Whitney Tech. @Abbott Tech	12 Girls Volleyball Junior Varsity 3:45 PM Whitney Tech. @Platt Tech Girls Volleyball Varsity 5:15 PM Whitney Tech. @Platt Tech	13
14	15 Girls Volleyball Junior Varsity 3:30 PM O'Brien Tech. @Whitney Tech Girls Volleyball Varsity 5:00 PM O'Brien Tech. @Whitney Tech	16 Boys Soccer Varsity 3:30 PM O'Brien Tech. @Whitney Tech	17 Girls Volleyball Junior Varsity 3:30 PM Kaynor Tech. @Whitney Tech Girls Volleyball Varsity 5:00 PM Kaynor Tech. @Whitney Tech	18 Boys Soccer Varsity 3:30 PM Wolcott Tech. @Whitney Tech Girls Volleyball Junior Varsity 4:30 PM Whitney Tech. @Harding Girls Volleyball Varsity 6:00 PM Whitney Tech. @Harding	19	20
21	22 Girls Volleyball Junior Varsity 3:45 PM Whitney Tech. @Wilcox Tech Girls Volleyball Varsity 5:15 PM Whitney Tech. @Wilcox Tech	23 Boys Soccer Varsity 3:30 PM Kaynor Tech. @Whitney Tech	24 Girls Volleyball Junior Varsity 4:00 PM Whitney Tech. @Wolcott Tech Girls Volleyball Varsity 5:30 PM Whitney Tech. @Wolcott Tech	25 Boys Soccer Varsity 3:30 PM Bullard Havens Tech. @Whitney Tech	26 Girls Volleyball Junior Varsity 3:30 PM Wright Tech. @Whitney Tech Girls Volleyball Varsity 5:30 PM Wright Tech. @Whitney Tech	27
28	29 Girls Volleyball Junior Varsity 3:30 PM Bassick. @Whitney Tech Girls Volleyball Varsity 5:30 PM Bassick. @Whitney Tech *Bassick: 2:30 PM - 1 Bus*	30 Boys Soccer Varsity 3:45 PM Whitney Tech. @Kaynor Tech				

Note: Subject to change. Check CIAC website for most up to date sports information

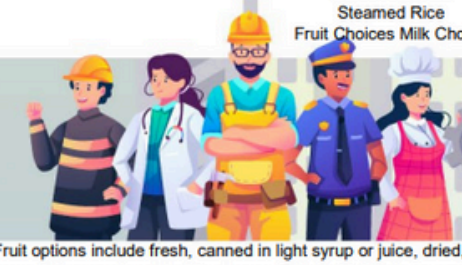
LUNCH

Lunch

SEPTEMBER 2025
Connecticut Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 **Labor Day** **No School!**	**2** Beef Tacos Cuban Black Beans Pico de Gallo Fruit Choices Milk Choice	**3** Sausage, Egg, & Cheese On English muffin Home Fried Potatoes Fresh Baby Carrots Fruit Choices Milk Choice	**4** Meatball Grinder Steamed Broccoli Florets Cucumbers w/ Dill Fruit Choices Milk Choice	**5** Breaded Cheese Ravioli w/ marinara Cucumber/Tomato salad Sauteed Summer Squash Fruit Choices Milk Choice
8 Nardone's Cheese Pizza w/ Assorted Toppings Mixed Garden Salad Marinated Broccoli Fruit Choices Milk Choice	**9** Beef & Cheese Nachos Spanish Rice Fiesta Red Beans Pico de Gallo Fruit Choices Milk Choice	**10** Philly Cheese Steak Sandwich Sweet Potato Fries Steamed Green Beans Fruit Choices Milk Choice	**11** General Tso's Rice Bowl Popcorn Snackers, Rice, Steamed Broccoli Florets Honey Glazed Carrots Fruit Choices Milk Choice	**12** Hamburger/Cheeseburger On bun Coleslaw Seasoned Potato Wedges Fruit Choices Milk Choice
15 Stuffed Crust Pizza w/ Assorted Toppings Mixed Garden Salad Steamed Green Beans Fruit Choices Milk Choice	**16** Chicken Parm on Roll Potato Salad Confetti Corn Salad Fruit Choices Milk Choice	**17** Baked Mac & Cheese Garlic Bread Stick Sweet Grean Peas Steamed Broccoli Florets Fruit Choices Milk Choice	**18** BBQ Chicken Thighs Steamed Rice, Corn Bread Tuscan White Beans Smoky Cauliflower Fruit Choices Milk Choice	**19** Breaded Mozzarella Sticks w/ Marinara Sauce Dinner Roll, Lemon Carrots, Sauteed Zucchini & Tomatoes Fruit Choices Milk Choice
22 Cheese Pizza w/ Assorted Toppings Mixed Garden Salad Fresh Baby Carrots Fruit Choices Milk Choice	**23** Chicken Fajitas Southwest Bean Salad Mexican Street Corn Fruit Choices Milk Choice	**24** **Professional Development** **No School!**	**25** Baked Potato Bar Chili, Cheese, Broccoli Garlic Knot Roll Steamed Rice Fruit Choices Milk Choice	**26** Breaded Chicken Filet On bun Smiley Fries Roasted Butternut Squash Fruit Choices Milk Choice
29 Breaded Chicken Strips Warm Dinner Roll Buffalo Cauliflower Kale and Apple Salad Fruit Choices Milk Choice	**30** Beef Tacos Cuban Black Beans Pico de Gallo Fruit Choices Milk Choice			



Daily entrée option may include assorted sandwiches and chef salads with roll. Fruit options include fresh, canned in light syrup or juice, dried, and 100% fruit juice. Milk choices include 1% white, fat free chocolate, & Lactaid. Due to unprecedented supply and delivery issues, this menu is subject to change. This institution is an equal opportunity provider.

ELI WHITNEY TECHNICAL HIGH SCHOOL

Join Us For...

Back to SCHOOL

PFO Meeting!

September 15th @ 4:00

Join us to get our PFO going for the new school year! Let's work together to make PFO the BEST it could be!

Coffee, planning, collaboration, fundraising, etc! Attendees will get free admission to our Girls Varsity Game starting at 5:00!

We hope to see you there!

ZUPPARDI'S PIZZA FUNDRAISER

All proceeds go toward student class dues.

ALL PIZZAS ARE $10

All orders are due by September 19th!
Cash only.

Pizzas will be ready for pick-up October 9th!

Pizzas are 10" and come frozen in shrink packaging.
Cook time is 10 - 12 minutes.

Keep Your Child On Track in Middle and High School: Pay Attention to Attendance

Showing up for school has a huge impact on a student's academic success. Even as children grow older and more independent, families play a key role in making sure students get to school every day and understand why attendance is so important for success in school and on the job.

DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Frequent absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10%, or 2 days a month, over the course of the school year, can affect a student's academic success.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school every day.
- Help your children maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and non-urgent related medical appointments during the school day.
- Keep your student healthy. If you are concerned about about a contagious illness, call your school or health care provider.
- If your children must stay home because they are sick, make sure they have asked teachers for resources and materials to make up for the missed learning time in the classroom.

Help your teen stay engaged

- Find out if your children feel engaged by their classes, and feel safe from bullies and other threats.
- Make sure your teens are not missing class because of challenges with behavioral issues or school discipline policies. If any of these are problems, contact the school and work with them to find a solution.
- Monitor you teen's academic progress and seek help from teachers or tutors when necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage your child to join meaningful after-school activities, including sports and clubs.
- Support your students if you notice signs of anxiety, and if needed, seek advice from your school or health provider

Communicate with the school

- Know the school's attendance policy – incentives and penalties.
- Check on your child's attendance to be sure absences are not adding up.
- Seek help from school staff, other parents, or community agencies if you need support.

Revised April 2024

Visit Attendance Works at **www.attendanceworks.org** for free downloadable resources and tools!

Mantenga a su hijo o hija en camino en la escuela intermedia y secundaria: preste atención a la asistencia escolar

Al mismo tiempo que los niños crecen y se vuelven más independientes, las familias desempeñan un papel clave para asegurarse de que los estudiantes vayan a la escuela todos los días y comprendan por qué la asistencia escolar es tan importante para el éxito en la escuela y en el trabajo. Las familias también pueden solicitar los recursos para ayudar a los estudiantes a aprender si no pueden ir a la escuela personalmente.

¿USTED SABÍA?

- Los estudiantes no deben perder más de 9 días de clases cada año para mantenerse involucrados, exitosos y encaminados hacia la graduación.
- Las ausencias frecuentes pueden ser una señal de que un estudiante está perdiendo interés en la escuela, teniendo problemas con el trabajo escolar, lidiando con un acosador o enfrentando alguna otra dificultad.
- Para el sexto grado, el ausentismo es una de las tres señales de que un estudiante puede abandonar la escuela secundaria.
- Para el noveno grado, la asistencia escolar es un mejor indicador de las tasas de graduación que los puntajes de las pruebas de octavo grado.
- Faltar un 10%, o 2 días al mes durante el transcurso del año escolar, puede afectar el éxito académico de un estudiante.

LO QUE PUEDE HACER

Haga de la asistencia escolar una prioridad

- Hable sobre la importancia de presentarse a la escuela todos los días.
- Ayude a su hijo o hija a mantener las rutinas diarias, como terminar la tarea y dormir bien por la noche.
- Trate de no programar las citas dentales y médicas durante el día escolar.
- Mantenga saludable a su estudiante y, si le preocupa una enfermedad contagiosa, pida consejo a su escuela.
- Si su hijo o hija debe quedarse en casa porque está enfermo/a o en cuarentena, asegúrese de que haya pedido a los docentes los recursos didácticos y materiales para compensar el tiempo de aprendizaje perdido en el aula.

Ayude a su adolescente a mantenerse involucrado/a

- Averigüe si su hijo o hija se siente involucrado/a con sus clases y si se siente protegido/a de acosadores y otras amenazas.
- Asegúrese de que su hijo o hija no falte a clases debido a desafíos con problemas de conducta o políticas de disciplina escolar. Si hay alguno de esos problemas, comuníquese con la escuela y trabaje con ellos para encontrar una solución.
- Supervise el progreso académico de su hijo o hija y busque ayuda de docentes o tutores cuando sea necesario. Asegúrese de que los docentes sepan cómo comunicarse con usted.
- Manténgase al tanto de los contactos sociales de su hijo o hija. La presión de los compañeros puede llevar a faltar a la escuela, mientras que los estudiantes sin muchos amigos pueden sentirse aislados.
- Anime a su hijo o hija a participar en actividades significativas después de la escuela, incluidos deportes y clubes.
- Apoye a sus alumnos si nota signos de ansiedad y, si es necesario, busque consejo de su escuela o proveedor de atención médica.

Comuníquese con la escuela

- Conozca la política de asistencia escolar de la escuela: incentivos y sanciones.
- Verifique la asistencia escolar de su hijo o hija para asegurarse de que las ausencias no se sumen.
- Busque ayuda del personal de la escuela, otros padres o agencias de la comunidad si necesita apoyo.

Revisado en junio de 2024

NEW HAVEN

FOOD ASSISTANCE RESOURCE GUIDE

RESOURCE MAP

SCAN FOR A MAP OF THE RESOURCES LISTED IN THIS GUIDE **OR VISIT:**

bit.ly/nhvfoodmap

OPEN TO ALL

FOOD PANTRIES

No proof of income or residency status required

- **All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.**
- **Individuals will be asked to complete and sign a self-declaratory form attesting to their eligibility.**

Believe in Me Empowerment
427 Dixwell Ave.
203-772-2771
Temporarily closed; Call to arrange emergency food bag

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

Breakthrough Church & Life Kingdom Ministries - Newhallville Substation
203-691-9296
596 Winchester Ave.,
4th Tue of month, 4pm-6pm;
481 Shelton Ave.,
2nd & 3rd Sat of month, 12pm-2pm
Closed during June

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
2nd & 4th Sat of month, 9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
Fri, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
Scheduled appointments recommended for M, T, W 9:30am-3:45pm; Walk-ins welcome on Tues 2pm-3pm.

Christian Love Center-West River
154 Derby Ave.
203-927-6039
2nd & 4th Thurs of month, 4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
1st Wed of month, 10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tue of month, 10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 1:30pm-3pm

Glorified Deliverance
604 Dixwell Ave.
4th Sat of month, 11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
Sat, 11:30am-12:30pm; By appointment only.

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month, 8am-9:30am

Jewish Family Services
1440 Whalley Ave.
203-397-0796
June 30 & July 1, 9am-11:45am; By appointment only.

Liberty Educational Service Center
44 Eastern St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm
Only open to New Haven residents. Must call on Friday after 2pm to make appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 8am-10:30am

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from 5:30pm-6:15pm. Call first for the schedule.

New Flame Restoration
1375 State Street
203-843-8831
Thurs, 3:30pm-5 pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd & 3rd Sat of month, starting at 12pm

New Haven Inner City Enrichment (NICE) Program- Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm

Salvation Army - New Haven Corps
450 George St.
203-624-9891
M, W, F, 9am-12pm

Second Star of Jacob
185 Chapel St.
203-776-9603
Last two Thurs of month, 10am-12pm

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
Temporarily closed

Upon This Rock Ministries - Dwight Substation
150 Edgewood Ave.
203-387-1215
1st & 3rd Sat of month, 9am-12pm

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 9am-12pm
Mon-Thurs, 10am-4pm

Vertical Church - Fair Haven Substation
296 Blatchley Ave.
Phone: N/A
3rd Sat of month, 9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12:00pm-2:00pm

Women of the Village - Dixwell Substation
26 Charles St.
203-675-9437
203-376-2790
Tue, 1pm-2pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

bit.ly/mobilepantries

For additional resources, please dial: **2-1-1**

For the latestguide, please visit:

bit.ly/getconnectednhv

common sense education

Help Kids Post, Comment, and Upload Responsibly

As tweens and teens start sharing content and engaging with others online, it's important for them to understand the tracks they're leaving behind and what those tracks might reveal. Parents can help guide kids toward creating the kind of footprint they can be proud of.

Check out these 4 tips

1 *Be a role model.*

Before you post a photo of your tween or teen on social media, ask them if it's OK to share. Not only will you give them control over their own digital footprint, you'll be showing them what you expect them to do with others' photos.

2 *Use privacy settings.*

Sit down with tweens and teens to show the privacy settings you use on your apps and devices. Talk about why you keep certain information private or limited to a small group. Ask them what information they feel comfortable sharing and why.

3 *Look to the stars.*

Scroll through the Twitter or Instagram feed of a famous celebrity, artist, or politician. Discuss the image they project based on their posts. Ask your kid what kind of image they would like to create–and what kinds of things (funny stories, silly memes, heartfelt videos) add or detract from that.

4 *Search yourself.*

Take turns looking up your name and your kid's name on a search engine and a social platform. Discuss the results. Are you both comfortable with what information and images are available to strangers? Is there anyone whom you wouldn't want to see those results?

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Tips para familias con niños de 6º a 12º grado

Ayudemos a los niños a publicar, comentar y subir contenido con responsabilidad

A medida que los preadolescentes y adolescentes comienzan a compartir contenido y relacionarse otros en línea, es importante que comprendan las huellas que van dejando y lo que esas huellas podrían revelar. Los padres pueden guiar a los niños a conformar el tipo de huella de la que pueden estar orgullosos.

Lean estos 4 consejos

1 Sean un modelo a seguir.

Antes de publicar una foto de su preadolescente o adolescente en las redes sociales, pregúnteles si les dan permiso para compartirla. De esa manera no solo les dará control sobre su propia huella digital, sino que también les mostrará lo que espera que hagan con las fotos de los demás.

2 Usen la configuración de privacidad.

Siéntense con sus preadolescentes y adolescentes para mostrarles las configuraciones de privacidad que ustedes usan en sus aplicaciones y dispositivos. Comenten por qué mantienen privada cierta información o la comparten solo con grupos pequeños. Pregúnteles qué información se sienten cómodos compartiendo y por qué.

3 Miren las estrellas.

Revisen la cuenta de Twitter o Instagram de una celebridad, un artista o un político. Comenten la imagen que ellos proyectan en base a sus publicaciones. Pregúntenles a sus niños qué tipo de imagen quisieran ellos crear, y qué tipos de cosas (historias divertidas, memes tontos, videos francos) añaden o restar valor a esa imagen.

4 Encuéntrense a sí mismos.

Túrnense para buscar su nombre y el nombre de su hijo en un buscador de internet y en una red social. Comenten los resultados. ¿Se sienten cómodos con la información y las imágenes que otros pueden ver? ¿Hay alguien a quien no quisieran mostrar esos resultados?

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truth initiative
freedom from nicotine addiction

E-CIGARETTES

Among youth who vape, **87.6%** used a flavored e-cigarette in the past month.

87.6%

Formaldehyde and **acrolein**, which can cause **DNA damage** and lead to **cancer**, are present in e-cigarette aerosols.

In 2024, **5.9%** of **middle and high school** students reported current e-cigarette use.

43.1%

43.1% of 15- to 20-year-olds who vaped in 2022 got e-cigarettes from retail sources despite not being old enough to purchase them.

Young people who had ever used e-cigarettes had **7x higher odds of becoming smokers** one year later compared with those who had never vaped.

7x

Disposable e-cigarettes increased nearly **3x** in nicotine strength, **5x** in e-liquid capacity, and dropped in price by nearly **70%** between 2017 and 2022.

70% COST

3x NICOTINE STRENGTH

5x E-LIQUID CAPACITY